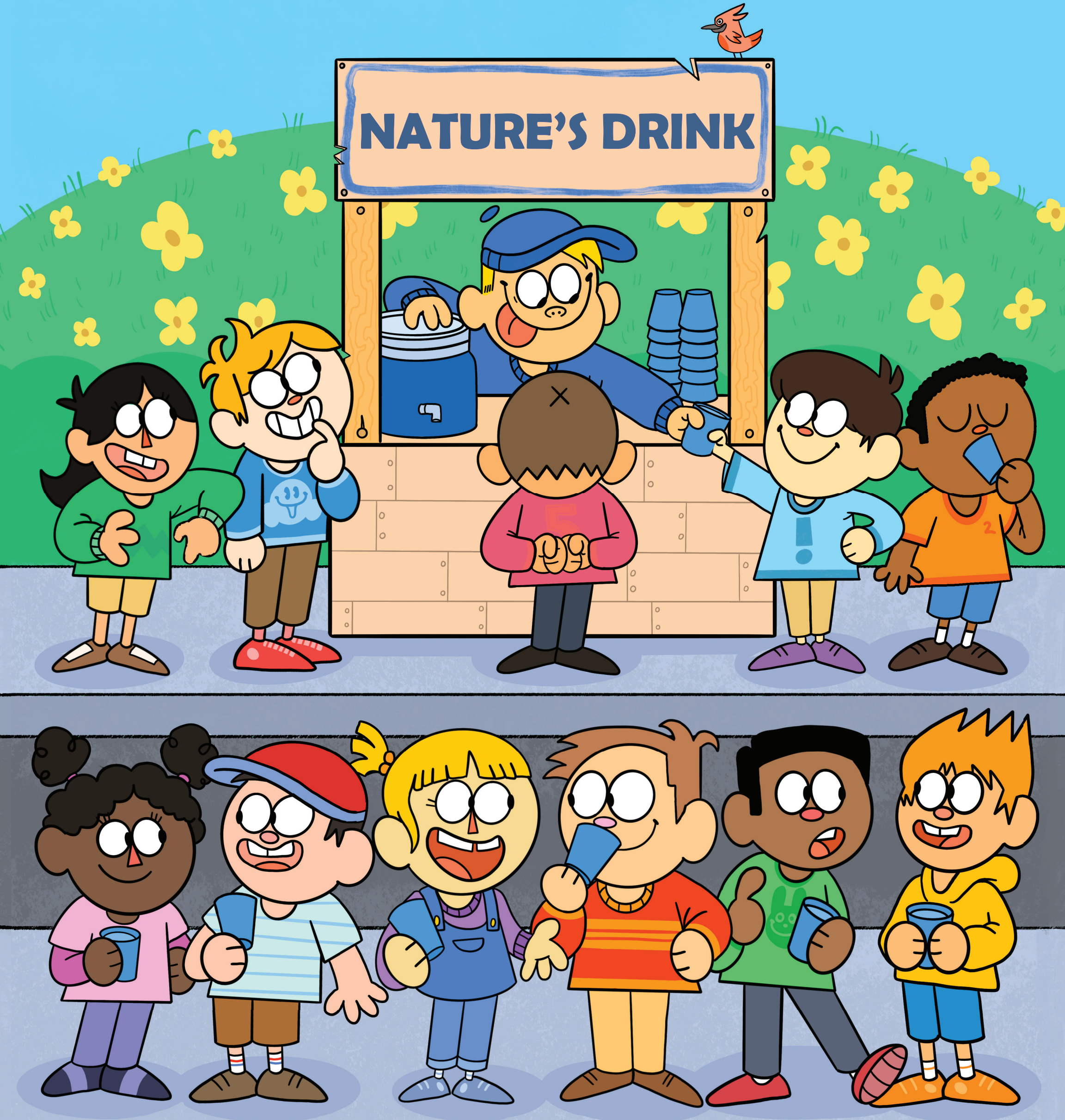


WATER



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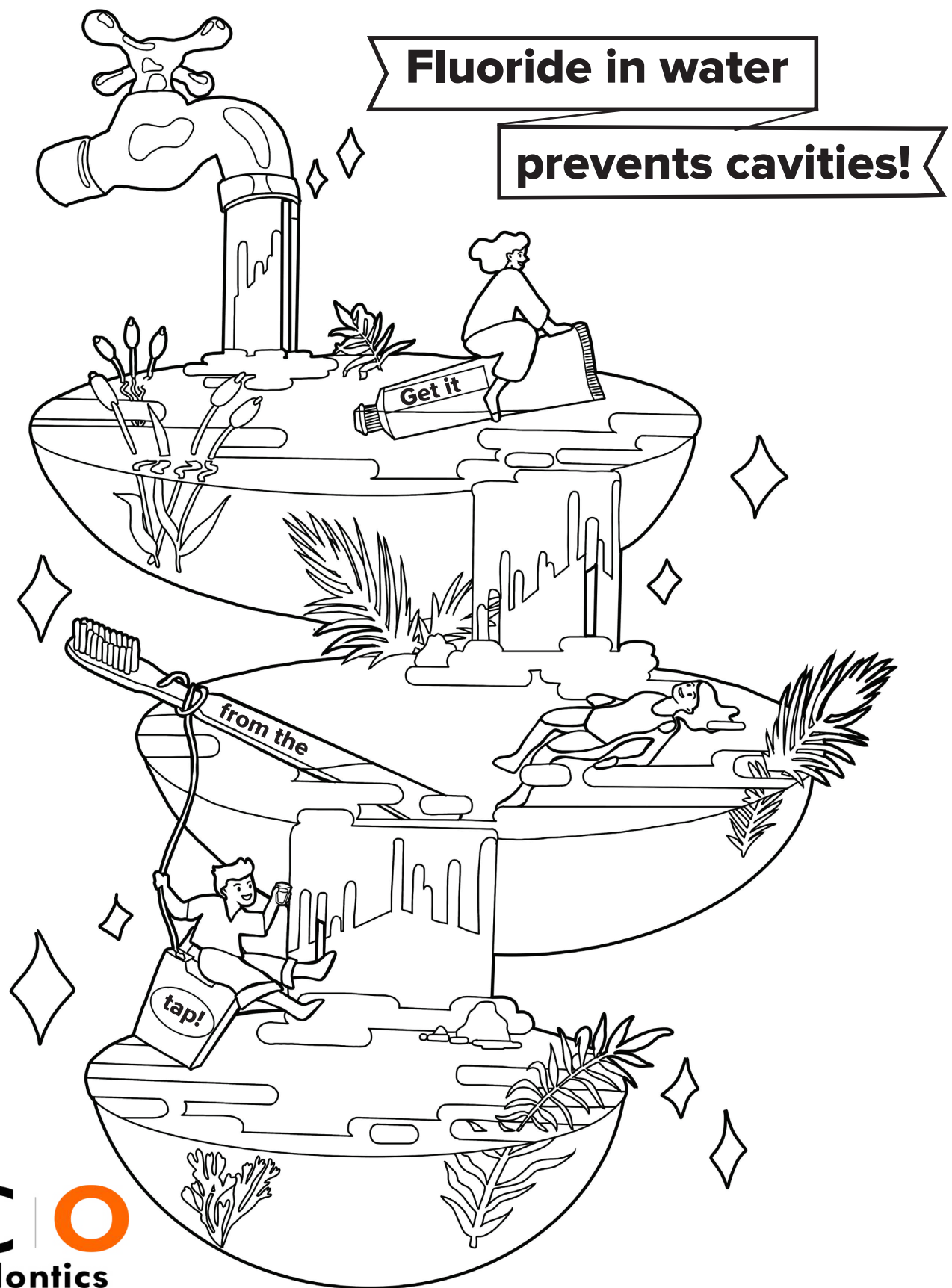
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HEALTHY SMILE TIPS

- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.

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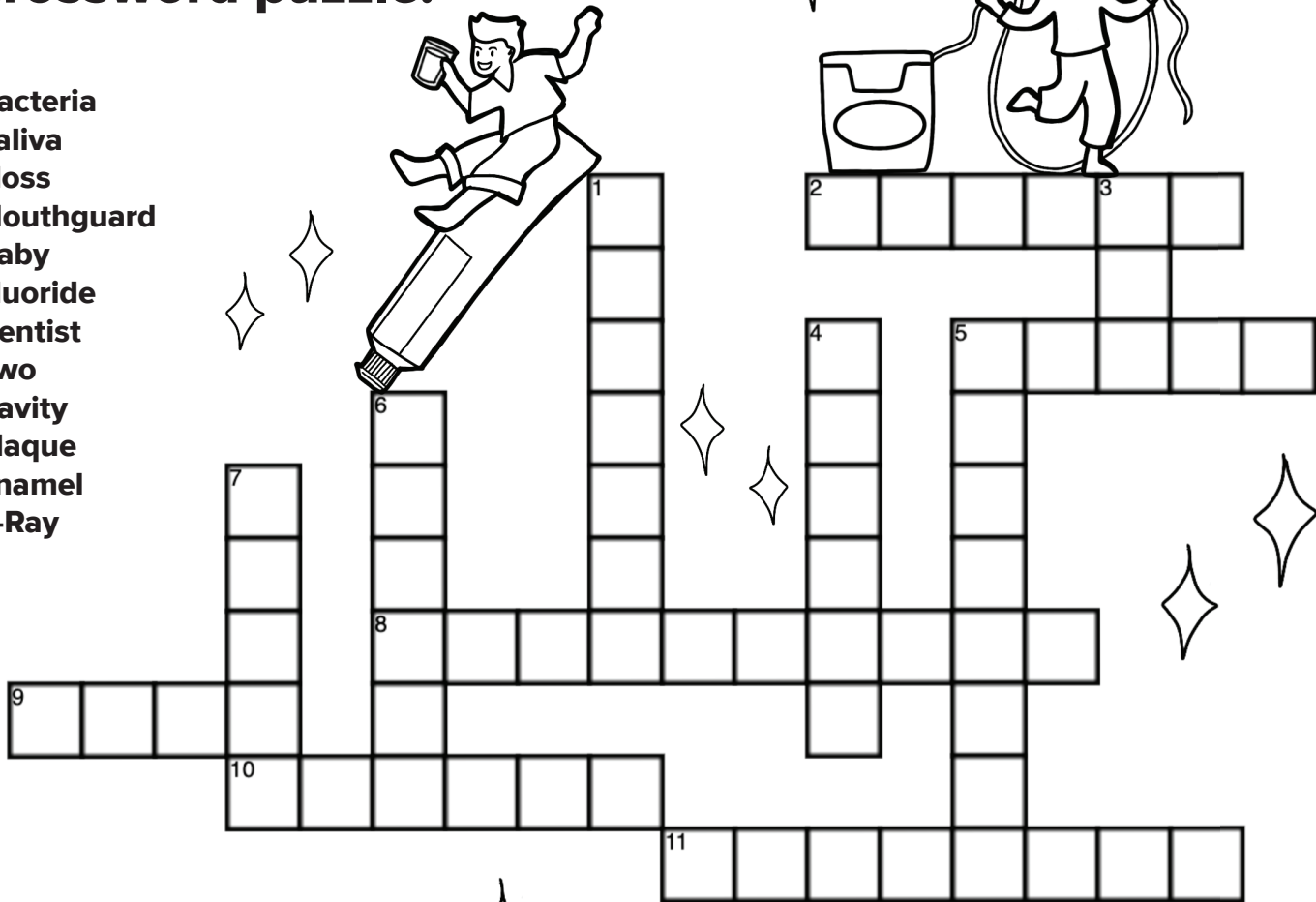
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Use the word bank below to help solve the crossword puzzle!

Bacteria
Saliva
Floss
Mouthguard
Baby
Fluoride
Dentist
Two
Cavity
Plaque
Enamel
X-Ray

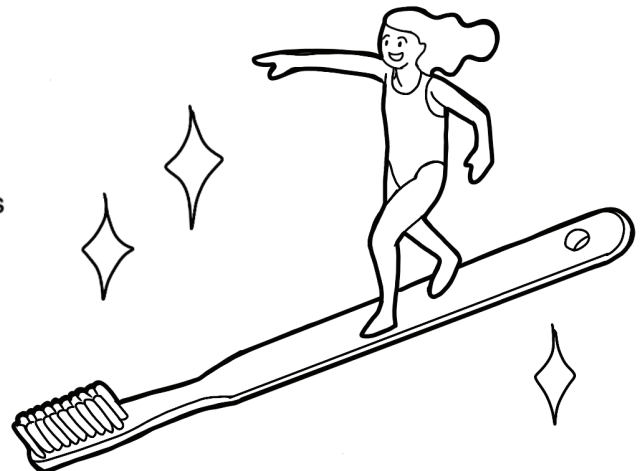


ACROSS

- 2 A hole in your tooth
 5 What you use to clean in between your teeth
 8 What you wear during sports to protect your teeth
 9 Your first teeth
 10 Washes food and particles from your teeth and gums
 11 Another name for germs

DOWN

- 1 The person you visit regularly to clean your teeth
 3 How many times you should brush your teeth a day
 4 Sticky film that left on your teeth can cause cavities
 5 Helps protect your teeth from cavities
 6 Hard outer layer of a tooth
 7 Special pictures your dentist takes of your teeth



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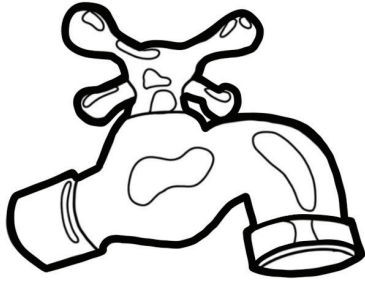
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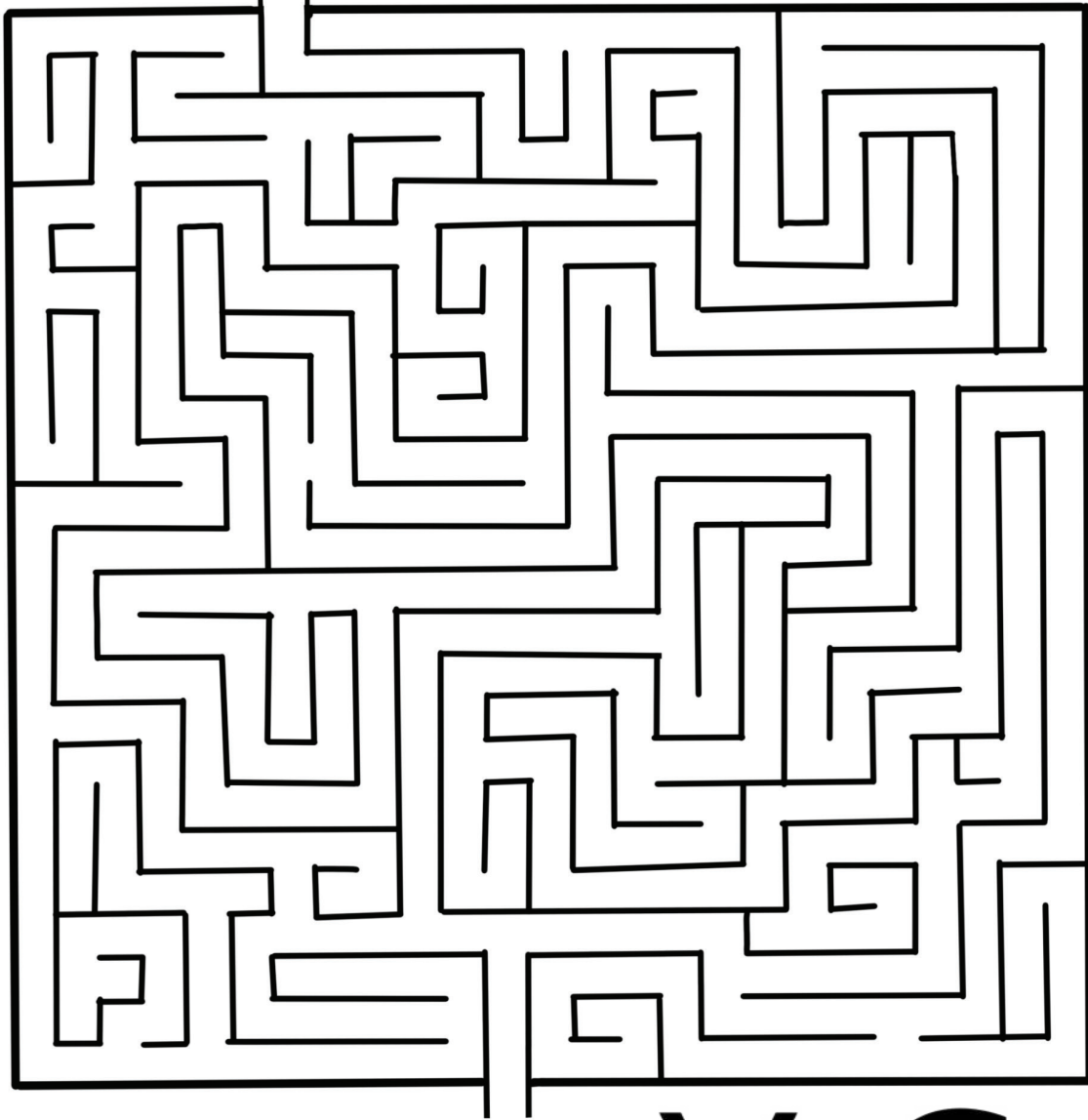
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Guide the tapwater through the maze and into your glass. Color in the cup with water, and then pour a real one for yourself!



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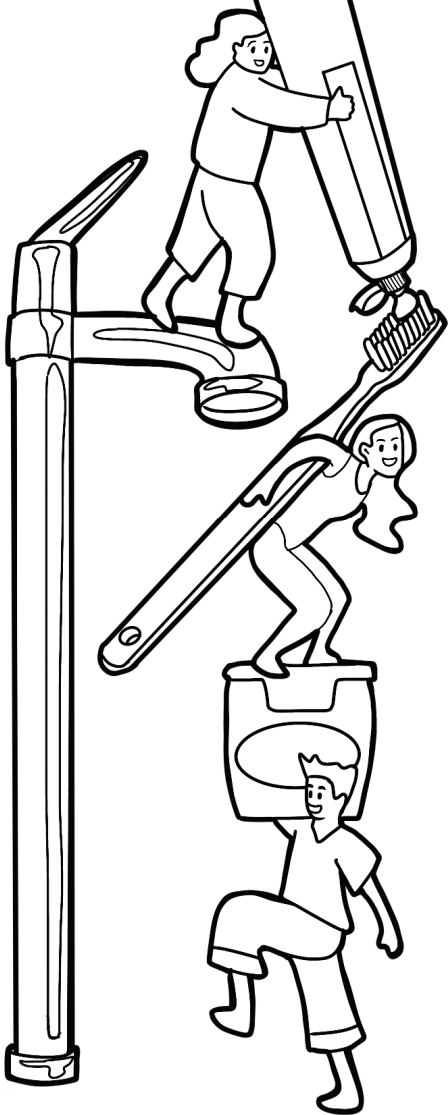
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Make it a habit!

Brushing your teeth 2 minutes 2 times a day keeps your mouth healthy and smile bright. When you're thirsty, choose tap water for a great smile! Fill in the calendar dates in the corner and then check off the boxes each time you brush!

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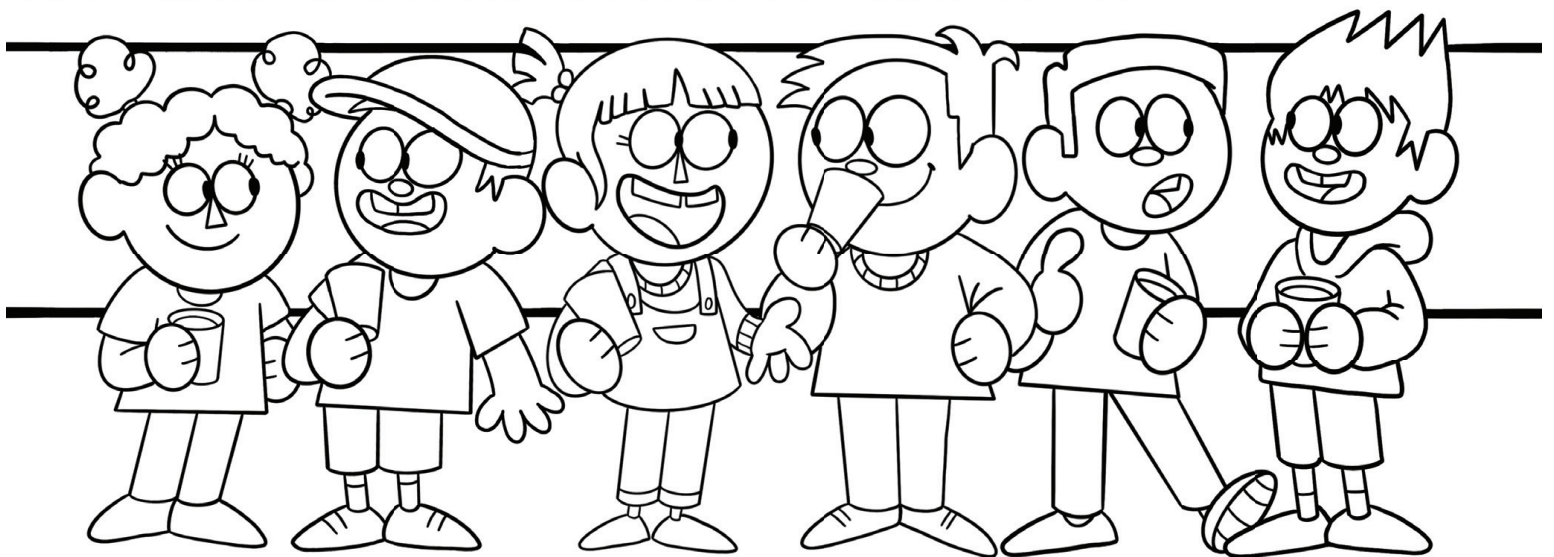
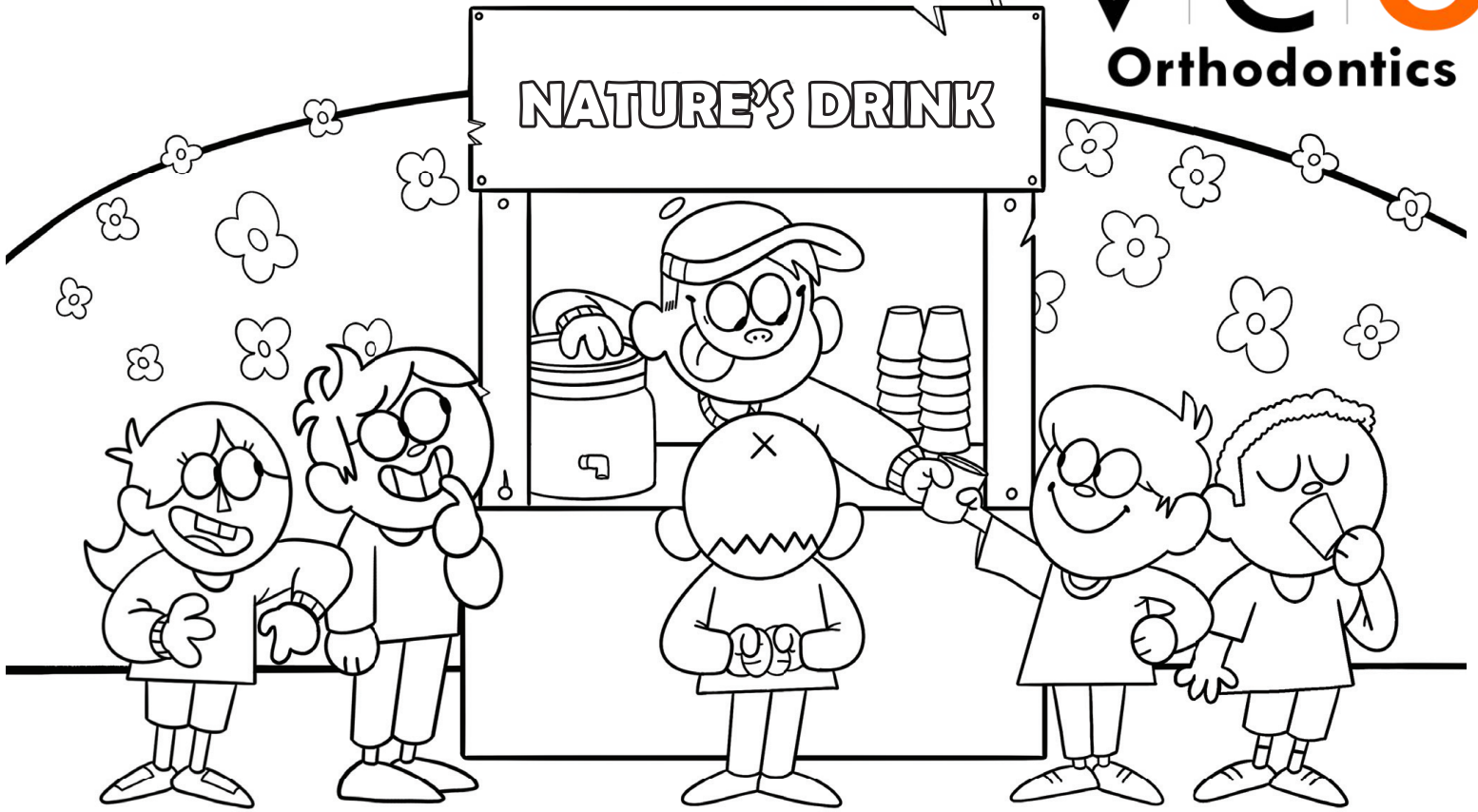
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NATURE'S DRINK



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